

OHB07-1 Attachment Six

Training

Site Coordinator Training

Partnership with the Site Coordinator is vital for the success of the program. New Site Coordinators attend a one-day training to learn about the program. The current training agenda includes:

- History and Purpose of CommonHealth
- Changing Health Behaviors
- Health Check Screening
- Motivation
- Team Building
- Lunch Break
- CommonHealth Manual Overview
- Fitness Class and Explanation
- Management Support
- Quarterly Program Approach
- Baby Benefits
- Publicity