



COMMONWEALTH OF VIRGINIA
DEPARTMENT OF HUMAN RESOURCE MANAGEMENT

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To: State Retiree Health Benefits Program Participants in VSDP
Long-Term Disability Who Have Waived Coverage

From: Office of State and Local Health Benefits Programs

Date: April 29, 2013

Re: Open Enrollment

As a Virginia Sickness and Disability Program (VSDP) Long-Term Disability Participant who has properly waived coverage under the State Retiree Health Benefits Program, you may exercise your right to enroll for coverage during the annual Open Enrollment period (unless you are eligible for Medicare), which will take place through May 24, 2013. If you enroll during this Open Enrollment period, your election will be effective July 1.

If you wish to enroll, you may obtain an Enrollment Form at the Department of Human Resource Management (DHRM) web site at www.dhrm.virginia.gov, where you will also find information regarding plan options, changes to existing plans, and a new Consumer-Driven Health Plan option with a Health Reimbursement Arrangement in addition to Summaries of Benefits and Coverage (see enclosed notice). There is also an opportunity to reduce your premium expense by completing a Health Assessment during the Open Enrollment period if you wish to enroll in designated plans. If you are unable to obtain information at the DHRM web site, you may request paper copies from your Benefits Administrator, the Virginia Retirement System, by calling 1-888-827-3847.

Enrollment Forms must be sent to the Virginia Retirement System and postmarked no later than May 24 in order for the Open Enrollment election to be accepted. Mailing address information is provided on the form.

Enclosure: Notice – Summary of Benefits and Coverage

