



COMMONWEALTH OF VIRGINIA
DEPARTMENT OF HUMAN RESOURCE MANAGEMENT

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To: State Retiree Health Benefits Program Participants in VSDP
Long-Term Disability Who Have Waived Coverage

From: Office of State and Local Health Benefits Programs

Date: April 30, 2012

Re: Open Enrollment

As a Virginia Sickness and Disability Program (VSDP) Long-Term Disability Participant who has properly waived coverage under the State Retiree Health Benefits Program, you may exercise your right to enroll for coverage during the annual Open Enrollment period (unless you are eligible for Medicare), which will take place through May 25, 2012. If you enroll during this Open Enrollment period, your election will be effective July 1.

If you wish to enroll, you may obtain an Enrollment Form by contacting the Virginia Retirement System at 1-888-827-3847 or at the Department of Human Resource Management Web site at www.dhrm.virginia.gov, where you will also find information regarding plan options.

Enrollment Forms must be sent to the Virginia Retirement System and postmarked no later than May 25 in order for the Open Enrollment election to be accepted. Mailing address information is provided on the form.