

## COVA Care and COVA Connect Offer New Diabetes Management Pilot Program

The state health benefits program is launching a new program to help members with diabetes better manage and control their condition, working with their doctor to develop and stick with a treatment plan.

Beginning July 1, 2012, COVA Care and COVA Connect members with diabetes will be able to participate. Once they complete certain requirements, the plan will pay 100 percent of their costs for diabetes prescription drugs and certain supplies on tiers 1 and 2 of the prescription drug benefit.

This pilot program will be open to all state employees, non-Medicare eligible retiree group participants and their covered family members in these two plans. While program goals are the same, each plan may have slightly different requirements for members to qualify for the incentive.

### Summary of Requirements for Incentive

<i><b>COVA Care</b></i>	<i><b>COVA Connect</b></i>
<ul style="list-style-type: none"> <li>• Participate in Anthem's ConditionCare disease management program</li> <li>• Follow the requirements of the ConditionCare program based on your risk assessment</li> <li>• Have an annual wellness visit with your family practitioner</li> <li>• Have an annual A1C test</li> <li>• Take your diabetes medications as prescribed by your doctor</li> <li>• Complete a minimum initial compliance period of 90 days before receiving your tier 1 and tier 2 diabetes drugs and supplies at no cost.</li> </ul>	<ul style="list-style-type: none"> <li>• Participate in Optima's MyLifeMyPlan Diabetes disease management program</li> <li>• Follow the requirements of the MyLife MyPlan management program based on your assessment</li> <li>• Speak with an Optima Clinical Advocate a minimum of every 90 days</li> <li>• Follow up with your physician once per year</li> <li>• Have an A1C test during the initial compliance period and a second test within the year</li> <li>• Take diabetes medications as prescribed by your doctor</li> <li>• Complete a minimum initial compliance period of 90 days before receiving your tier 1 and tier 2 diabetes drugs and supplies at no cost.</li> </ul>

These diabetic supplies on tier 1 and tier 2 will be covered at zero copayment: **blood glucose test strips, lancets, syringes and needles**. Tier 3 products along with other diabetic supplies that remain eligible for plan reimbursement will still require the appropriate copayment or coinsurance.

Diabetic members of both plans who decide to participate will receive more specific details on the program. Participants must demonstrate compliance with these rules to receive the drugs and supplies referenced above at no cost, and will be reviewed for ongoing compliance. The initial compliance period requirements may be modified in the future.

For more information:

**COVA Care** – Call Anthem Member Services at **1-800-552-2682**.

**COVA Connect** – To register, contact the Clinical Advocate at **1-877-817-3037** between 8 am and 5 pm Monday through Friday or send an email to [mylifemyplanrewards@sentara.com](mailto:mylifemyplanrewards@sentara.com).