

HEALTH BENEFITS E-NEWS

*Department of Human Resource Management
Office of Health Benefits*

September 20, 2012

It's Time for Flu Shots!

Health plan members may again get a free flu shot this year at pharmacies participating in the Commonwealth of Virginia's flu shot program. The free shots at pharmacies are offered to COVA Care, COVA Connect and COVA HDHP members. Each plan's list of participating pharmacies is posted on the DHRM web site at www.dhrm.virginia.gov, along with a question and answer sheet and flyer for your use with employees. It is important that plan members call ahead to their local drug store to be sure that the pharmacy is participating in the program and that flu shots are available. An appointment may be required. Flu shot claims must be processed by the pharmacy. The state plans will not reimburse flu shots through any other method. If your agency's employees present an ID card at the pharmacy and are denied coverage for the flu shot, please tell them to have the pharmacist call the prescription drug program administrator (Express Scripts/Medco for COVA Care, Optima Health for COVA Connect, or Anthem for COVA HDHP) to ask how to process the Commonwealth of Virginia flu shot program correctly.

See [flu shot guidelines](#) (link of PDF) for agencies that wish to coordinate flu shots onsite with participating pharmacies. Again, be sure that the pharmacy is participating in the Commonwealth's program before scheduling a clinic.

MyHealth Note Coming for COVA Care and COVA HDHP Members

Starting October 1, a new program will be added to COVA Care and COVA HDHP at no additional cost to members. Called MyHealth Advantage, its purpose is to communicate gaps in care through a personalized, easy to understand MyHealth Note mailed to certain members who may be overdue for a test, screening or annual checkup.

- **Who gets a MyHealth Note?** Only members who have been identified with a gap in care receive a note. On average, that's about 1 in 5 members.
- **When will the first notes be mailed?** The initial MyHealth Notes will go out in mid-October to COVA Care and COVA HDHP members who have been identified with gaps in care. For your convenience, we've attached an employee flyer about the MyHealth Note. Please distribute and post in your agency soon so your employees will recognize the note should they receive one in the mail.

A Q&A is also attached that gives more detail about this new program. The flyer, Q&A and a sample of the MyHealth Note will be posted soon on the DHRM Web site for COVA Care and COVA HDHP members to access.

Flexible Benefits Program Sourcebook Revision

Participants in a Dependent Care Flexible Reimbursement Account (DCFRA) may use their account to receive reimbursement for eligible dependent care expenses for a qualifying child. To qualify, a child must be under the age of 13 years old. Information in the 2011-2012 and 2012-13 Flexible Benefits Program Sourcebooks indicated that a qualifying child must be 13 years old or younger. The online version of the 2012-2013 Sourcebook has been updated to reflect the corrected information: <http://www.dhrm.virginia.gov/genlbenefits/flex/flexsourcebook1213.pdf>. See the [revised page](#) (link of PDF) for the current printed Flexible Benefits Sourcebook.

All employees with DCFRA elections for the current plan year will be notified directly by WageWorks, the third party administrator. Employees enrolled in a DCFRA who, based on this correction, need to make a change will be allowed to modify or cancel their current election. The employee will need to submit a revised enrollment form along with supporting documentation (child's birth certificate) to support the change. The request should be submitted to the agency benefits office as soon as possible and no later than Friday, October 19. The request should be forwarded to the Office of Health Benefits office for approval and the update to BES.

Employees with DCFRA claims for the 2011-2012 plan year will need to submit a request to OHB for assistance with claims reimbursement.

If you have questions, please contact the OHB at ohb@dhrm.virginia.gov or toll free 1-888-OHB-4414 (888-642-4414).