

## ***HEALTH BENEFITS E-NEWS***

*Department of Human Resource Management  
Office of Health Benefits*

*May 15, 2012*

### ***COVA Connect Rewards Program Changes for Upcoming Plan Year***

In light of the expansion of the COVA Connect plan statewide with similar benefits as COVA Care, the Office of Health Benefits has decided to make the following changes to the COVA Connect MyLife MyPlan Rewards Program effective July 1, 2012:

- Incentives will be discontinued for completing a Personal Health Profile and for disease management programs. This includes random drawings for prizes and also gift cards for participation in cardiovascular, diabetes and respiratory disease management programs.
- Incentives will continue for programs also offered by COVA Care: waiver of the inpatient hospital copayment for participation in maternity management (Future Moms and Partners in Pregnancy) and free Tier 1 and Tier 2 drugs and supplies for participants in the Diabetes Management Program.

### ***Employee Assistance Available for Returning Military Service Members***

Men and women returning from active military deployment and their family members have an excellent resource in the state Employee Assistance Program (EAP), available as part of every state health plan. The EAP can help address various personal problems, whether financial, legal or related to anxiety, life phase adjustment or other issues. EAP contact information for COVA Care, COVA Connect, COVA HDHP and the Kaiser Permanente HMO may be found at [www.dhrm.virginia.gov/genlbenefits/employeeassistance.html](http://www.dhrm.virginia.gov/genlbenefits/employeeassistance.html).

### ***Online Printing of Temporary Plan ID Cards***

COVA Care and COVA HDHP members who need a temporary plan ID card can now go to the Anthem website! Here are the instructions: Log in to [www.anthem.com](http://www.anthem.com) and click on the blue Customer Care tab shown on the top right of the page. Select the Print a Temporary ID Card option. Registration with [www.anthem.com](http://www.anthem.com) is required. That's all it takes! Remember, this is only for a temporary ID card. To order a permanent COVA Care or COVA HDHP ID card, members need to call 866-587-6713.