

HEALTH BENEFITS E-NEWS

**Department of Human Resource Management
Office of Health Benefits**

September 8, 2010

Free Flu Shots Offered at Participating Pharmacies

Health plan members may again get a free flu shot this year at pharmacies participating in the Commonwealth of Virginia's flu shot program. The free shots at pharmacies are offered to COVA Care, COVA Connect and COVA HDHP members. Each plan's list of participating pharmacies is being finalized and will be posted on the DHRM Web site at www.dhrm.virginia.gov as soon as it is available, along with a question and answer sheet. It is important that plan members call ahead to their local drug store to be sure that the pharmacy is participating in the program and that flu shots are available. An appointment may be required.

Attached are flu shot guidelines for agencies that wish to coordinate flu shots onsite with participating pharmacies. Again, be sure that the pharmacy is participating in the Commonwealth's program before scheduling a clinic.

Also remember that all state plans, including Kaiser Permanente, cover flu shots at 100 percent in doctor's offices. Kaiser members may also get free flu shots at Kaiser participating medical centers.

COVA Connect Incentive Program Kick-off Meetings

Two Benefits Administrator meetings to kick-off the COVA Connect Incentive Program have been scheduled for September, one in Central Virginia and the other in Hampton Roads. The first meeting will be on Friday, September 24 from 10:00 – 11:30 a.m. in Room 119 at DMV Headquarters, 2300 W. Broad Street in Richmond. The second session will be at Tidewater Community College in Portsmouth on Wednesday, September 29 from 2:00-3:30 p.m. in The Forum in Building A. Plan to attend a meeting to learn about this exciting new program and enjoy refreshments provided by Optima Health!

File for FRA Reimbursement by September 30

The filing deadline for Flex reimbursement is fast approaching! The last day to file for reimbursement of Medical or Dependent Care Flexible Reimbursement Account (FRA) expenses for the 2009-10 plan year is **Thursday, September 30, 2010**. The FRA plan year began on July 1, 2009 and ended on June 30, 2010. Visit the DHRM Web site at www.dhrm.virginia.gov/genlbenefits/flex/flexiblebenefits.html for additional information.

Express Scripts Now Prescription Drug Administrator for COVA HDHP

Express Scripts began administering the pharmacy benefit for the COVA HDHP plan on September 1. The previous administrator was NextRx. Plan members may continue to contact Anthem Member Services at 1-800-552-2682 for assistance.

The attached new home delivery form will be posted soon on the DHRM Web site. Home delivery prescription orders and the patient order form will be sent to the new St. Louis, Missouri address that appears on the form. Refills remaining at NextRx on an active prescription less than one year old will be automatically transferred to Express Scripts. Refill orders may be placed online, by mail or by phone, in the same manner as today.

COVA HDHP members may continue to access www.anthem.com/cova for pharmacy information and online tools, and will be redirected to the Express Scripts Web site to provide registration information. This information will be used to manage the member's pharmacy benefits and preferences for communications and privacy.

