

HEALTH BENEFITS E-NEWS

***Department of Human Resource Management
Office of Health Benefits***

January 21, 2010

COVA Connect Rewards Program Extended

The Commonwealth of Virginia and Optima Health are pleased to extend the COVA Connect Rewards Program until February 28, 2010.

We hope that you are excited about this program and we need your help to further engage your employees. If you are a COVA Connect member and have not completed your Personal Health Profile (PHP) and entered this program, please do so. We also ask that you share your experience with others – to help them feel more comfortable with the program and help promote it internally.

We are providing you with the attached message and ask that you e-mail it to all of your employees. Make it your priority today to complete your PHP and craft a brief personal message that you can include with the e-mail text attached.

We thank you for your continued support to the wellness of all of our employees!

Health Benefits Systems Guide Updated

A new and updated Health Benefits Systems Guide will be available soon on the DHRM Web site on the Information Technology home page under Documentation and under HR Community, Resources, Benefits Administration. Visit <http://web1.dhrm.virginia.gov/itech/files/BESvolume1.pdf> and look for the revised version soon.